

EB SANDERS

CAREER COACH FOR *Creative types*



5 Big Questions To Find A Career That Makes You

HAPPY!



welcome!

I'm EB, a Certified Career Coach here to help creative types Find Their Thing and make a Career Change With Confidence.

Why? So you can create the fulfilling career you really want, because I want you to be happy in your career!

Like belting out Beyonce into your organic loofah in the shower on Monday mornings, happy.

Here's the deal. You know that feeling you've got right now? That "Totally lost, I'm stuck, WTF am I even supposed to do with my life, can't someone just tell me what I'm supposed to be doing?!?" feeling? Man, it sucks doesn't it?

I know that feeling.

I've been through two major career changes of my own and have since helped lots of folx, just like you, get results.

Imagine knowing what you want to do and how to get there...

Nope, you do not have to do it alone. Promise.

Look, ultimately only you can know what's right for you, but I'm here to help.

Let's start with a few (super deep) and powerful questions that will get your career GPS all rebooted in the right direction!

Yours in career goodness-

GETTING STARTED

- Grab your beverage of choice.
- Find a quiet spot.
- Snag a pen, fresh google doc, collage paper or just print out this workbook (However you like to roll).
- Really dig deep and be honest with yourself.
- Actually write out the answers. No really!

Ready? Let's do this!

THE BIG QUESTIONS

1

What are your top 5 priorities/values in life as you understand them right now? Those things that are non-negotiable and drive your BIG decision making?

-
-
-
-
-

2

Imagine you just had an ideal week. What three things did you do/tasks did you complete?

Three horizontal yellow bars for writing answers.

3

What activities make you feel inspired/purposeful/powerful? Why?

Activity	Inspired, Purposeful or Powerful?	Why?
1.		
2.		
3.		
4.		
5.		

4

When you are at your absolute best, who are you being?

5

Sky's the limit. What would be your big, fat, wild, shoot-the-moon, dream way to make money? Don't censor yourself!
(P.S. it's fine if you don't know exactly yet.)



Your A-Ha's!

What was your biggest 'A-Ha!' or takeaway from your answers?

This should be the thing that feels most significant to you at this moment in your life.

Did you learn about your wants and aspirations?

What do you really think or feel is possible in this moment?

Your Next Steps

Phew! That was some serious introspection. Don't be surprised if in the next few days you tweak a few of your answers or have another 'A-Ha!' moment (or two). That's totally normal, expected, and awesome.

Your next step is to begin looking at your career and how it supports (or contradicts) your **Top 5 Values** and how your big takeaways can be incorporated into your daily worklife.



EB Sanders is a sought after coach and career consultant who has been through two major career changes of her own and has since helped hundreds of clients start thriving in careers they love.

She has been featured in The Wall Street Journal, FastCompany, Business News Daily, Glassdoor and elsewhere.

Imagine knowing what you want to do and how to get there...

If you'd like a simple, straightforward, step by step process to figure out just what you're meant to be doing, check out my program [Career Change With Confidence](#).

This best-selling course helps you to identify and define your wants, needs, and interests so you can discover a career that makes you happy.

Yours in career goodness-

EB Sanders

Career Coach for Creative Types